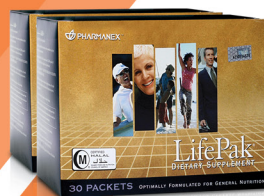




AGELOC[®] TR90[®]

*Transform Your Life
In 90 Days*



ageLOC[®] TR90[®]

Awards



ageLOC® TR90® weight management system is the only weight management system that is listed in the dietary supplement category in the **PHYSICIANS' DESK REFERENCE**



ageLOC® TR90® TrimShake (Chocolate & Vanilla) wins **MONDE SELECTION GOLD AWARD**



NO. 1 BRAND certified by Euromonitor International Limited

**Source: Euromonitor International Limited, Consumer Health 2021ed, per Weight Management and Wellbeing category definition, retail value RSP, 2020 data.*

4 CONSECUTIVE YEARS

ageLOC® TR90®

TRANSFORM YOUR LIFE IN 90 DAYS

ageLOC® TR90® System, a breakthrough weight management system based on highly innovative gene expression science unifies your mind and body for a leaner, younger looking you in 90 days, helping you stay motivated as you work towards your goal via:



TO KNOW MORE ON HOW AGELOC® TR90® TRANSFORM YOUR LIFE IN 90 DAYS, [CLICK HERE TO LEARN MORE.](#)

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BEFORE



AFTER

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90 DAYS



Rahmah Isahak

52 years old

With the program, I am able to cultivate a healthy diet and active lifestyle among my family and friends. My transformation number is 23 as I'm able to get back to my old bodyweight, 54kg which I had at the age of 23.

DAY 1	DAY 90	DIFFERENCE
-------	--------	------------

WEIGHT 61.7 kg	WEIGHT 54.7 kg	WEIGHT 7.0 kg
-----------------------	-----------------------	----------------------

BODY FAT 24.0 kg	BODY FAT 17.45 kg	BODY FAT 6.55 kg
-------------------------	--------------------------	-------------------------

Note: The sharing is based on the personal experience of the interviewee. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Shawn Chia Zhi Seng

27 years old

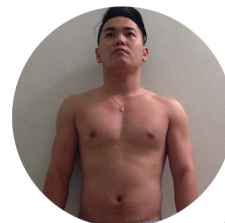
Weight management program has never been on my list, neither first nor last. But why ageLOC® TR90® System? It's because of the ageLOC® technology. The ageLOC® TR90® program has taught me commitments to my family and myself. The number that represents my results is 160. 160 represents the heartbeat rate that I aim to achieve when I'm working out at the gym towards a healthier life.

DAY 1	DAY 90	DIFFERENCE
-------	--------	------------

WEIGHT 77.4 kg	WEIGHT 66.1 kg	WEIGHT 11.3 kg
-----------------------	-----------------------	-----------------------

BODY FAT 13.85 kg	BODY FAT 6.35 kg	BODY FAT 7.5 kg
--------------------------	-------------------------	------------------------

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.



BEFORE



AFTER

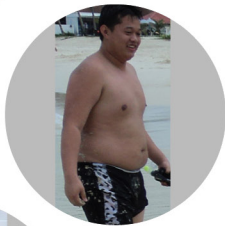
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BEFORE



AFTER



Andy Koh

28 years old

I was always overweight and “round” in body shape since I was young. My weight and physical appearance were my biggest concern as it greatly affects my self-confidence and self-esteem. Everything changed when I discovered ageLOC® TR90® System! By following the simple eating plan and active lifestyle, I was astounded to see an amazing result. Thanks to ageLOC® TR90® System, I have now lost over 10kg and gained self-confidence. It has truly transformed my life! I now dare to dream of being a male-model!

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TRANSFORM
YOUR LIFE IN
90 DAYS

DAY 1	DAY 90	DIFFERENCE
-------	--------	------------

WEIGHT 88.4 kg	WEIGHT 77.5 kg	WEIGHT 10.9 kg
-----------------------	-----------------------	-----------------------

BODY FAT 23.25 kg	BODY FAT 12.71 kg	BODY FAT 10.54 kg
--------------------------	--------------------------	--------------------------

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Jaydern Lee

31 years old

After 90 days of transformation with the ageLOC® TR90® System, I managed to transform myself.



BEFORE



AFTER

DAY 1	DAY 90	DIFFERENCE
-------	--------	------------

WEIGHT 90.0 kg	WEIGHT 72.4 kg	WEIGHT 17.6 kg
-----------------------	-----------------------	-----------------------

BODY FAT 22.2 kg	BODY FAT 11.8 kg	BODY FAT 10.4 kg
-------------------------	-------------------------	-------------------------

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

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Angela Yap

44 years old

I managed to reduce a total of 139cm circumference. I have been receiving compliments that I look 10 years younger now! I am now more confident, feeling proud as I have regained beauty and self-confidence. Best of all, this allowed me to assist especially my beloved friends and family in transforming their lives.

DAY 1

DAY 90

DIFFERENCE

WEIGHT **77.1 kg**

WEIGHT **58.2 kg**

WEIGHT **18.9 kg**

BODY FAT **27.3 kg**

BODY FAT **14.7 kg**

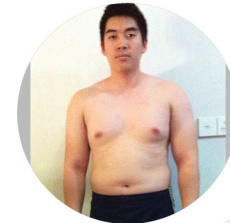
BODY FAT **12.6 kg**

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Yap Kee Wing

27 years old

As a fitness enthusiast, I have vigorously exercised, tried many diet plans, and even resorted to counting calories, all to achieve the lean and muscular physique I desired. However, even after 4 years I never achieved the results I wanted. ageLOC® TR90® program has taught me a simple yet effective way of eating, and I now finally understand the food I consume and how my body functions. ageLOC® TR90® was the best decision I have ever made, because I have now transformed my body after only 90 days! Not only do I look and feel amazing, my self-confidence level has remarkably improved!



BEFORE



AFTER

DAY 1	DAY 90	DIFFERENCE
WEIGHT 85.8 kg	WEIGHT 74.3 kg	WEIGHT 11.5 kg
BODY FAT 17.32 kg	BODY FAT 10.40 kg	BODY FAT 6.92 kg

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

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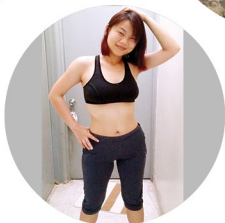


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Qunney Yu

29 years old

I used to be a chubby girl since I was young and to achieve healthy weight loss was always my dream. Now, my dream has come true, thanks to the ageLOC® TR90® program. My transformation number is 1 as I have transformed to be more confident and beautiful!

DAY 1 DAY 90 DIFFERENCE

WEIGHT **78.6 kg** WEIGHT **55.5 kg** WEIGHT **23.1 kg**

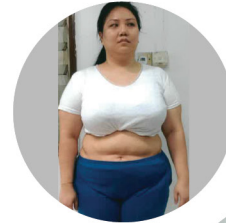
BODY FAT **26.7 kg** BODY FAT **11.8 kg** BODY FAT **14.9 kg**

Note: The sharing is based on the personal experience of the interviewee. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Annie Lee

40 years old

Since young, I always had a weight problem until the extend of giving up on slimming down. It was until I saw the transformation of my angel which triggered me to make the decision to start the ageLOC® TR90® program. I have lost a total of 24.7 kg. Besides guiding me on a path towards a healthier life, it teaches me the right knowledge of choosing the right diet. My transformation number is “20” because both of my thighs have lost 20cm circumference.



BEFORE



AFTER

DAY 1	DAY 90	DIFFERENCE
WEIGHT 96.8 kg	WEIGHT 72.1 kg	WEIGHT 24.7 kg
BODY FAT 40.3 kg	BODY FAT 23.1 kg	BODY FAT 17.2 kg

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

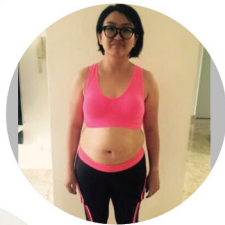
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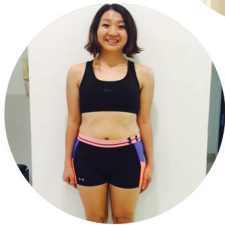


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BEFORE



AFTER



Lily Kong

40 years old

Being beautiful can be only a day, but I choose to have it in my whole life. ageLOC® TR90® has helped me to create a healthy, lean body transformation. Within 90 days, it does not only transform my outlook but helped me stay motivated as well. It made me a positive person and transformed me into a better person from the inside-out.

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DAY 1 DAY 90 DIFFERENCE

WEIGHT **75.0 kg** WEIGHT **59.0 kg** WEIGHT **16.0 kg**

BODY FAT **28.9 kg** BODY FAT **16.5 kg** BODY FAT **12.4 kg**

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Chrysant Poi

41 years old

My number is 15. This is because it represents that I looked 15 years younger than my actual age.

Before ageLOC® TR90®, I was a mother with 80kg bodyweight and I was unable to wear high heels for a long period due to the weight, often looking dull and lack of energy. After ageLOC® TR90®, my body size has dropped from XXL to S. Thanks to Nu Skin for giving me the chance to be better.



BEFORE



AFTER

DAY 1	DAY 90	DIFFERENCE
-------	--------	------------

WEIGHT 80.0 kg	WEIGHT 60.0 kg	WEIGHT 20.0 kg
-----------------------	-----------------------	-----------------------

BODY FAT 30.7 kg	BODY FAT 16.3 kg	BODY FAT 14.4 kg
-------------------------	-------------------------	-------------------------

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

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BEFORE



AFTER



Ng Liew Sin

32 years old

I'm now more confident. Why? Because I don't look like a mother of three and others often think that I am still single. With ageLOC® TR90®, I have become leaner and walking is no longer tiring for me. Thanks to Nu Skin's ageLOC® TR90® for giving me a chance to lead a healthier life.

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TRANSFORM
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DAY 1 DAY 90 DIFFERENCE

WEIGHT **63.8 kg** WEIGHT **52.2 kg** WEIGHT **11.6 kg**

BODY FAT **19.4 kg** BODY FAT **10.3 kg** BODY FAT **9.1 kg**

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Janice Wong
34 years old

I am a mother of 2. Prior to taking ageLOC® TR90®, my way of losing weight is to cut down on diet and stay hungry all the time. After consuming ageLOC® TR90®, not only that I managed to transform my body but I also learned how to manage a healthy lifestyle now. ageLOC® TR90® has helped me to lose 14kg altogether! A big thanks to ageLOC® TR90®!



BEFORE



AFTER

DAY 1	DAY 90	DIFFERENCE
WEIGHT 60.7 kg	WEIGHT 46.2 kg	WEIGHT 14.5 kg
BODY FAT 20.9 kg	BODY FAT 10.3 kg	BODY FAT 10.6 kg

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

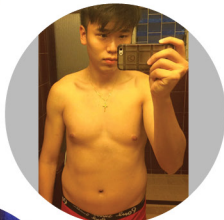
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BEFORE



AFTER



Luke Tang Eng Yuen

28 years old

My transformation number is 7. I have been struggling with weight loss and body aches all the while despite the fact that, I have tried many different sports for the past 7 years. I feel shy for meeting friends and doing outdoor activities due to low self-confidence. ageLOC® TR90® is truly the best gift in my life! It has helped me to reduce my body fat from 25.7% to 13.2%. I have regained my confidence and often received compliments on my appearance. Now, I actively participate in social events without any fear. I can now maintain a healthy and active lifestyle while enjoying the food that I love!

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DAY 1	DAY 90	DIFFERENCE
-------	--------	------------

WEIGHT 84.9 kg	WEIGHT 68.2 kg	WEIGHT 16.7 kg
-----------------------	-----------------------	-----------------------

BODY FAT 21.8 kg	BODY FAT 8.5 kg	BODY FAT 13.3 kg
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Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Sean Ng
36 years old

I have never been a slim person in my entire life and was called names related to obesity. Through the ageLOC® TR90® program, I have finally regained my self-esteem and confidence. My waist size has dropped from 38" to 30" (XL to S) sooner than I ever dreamed possible. I feel good with myself now as I can continue to enjoy my youth.



BEFORE



AFTER

DAY 1	DAY 90	DIFFERENCE
-------	--------	------------

WEIGHT 82.4 kg	WEIGHT 63.4 kg	WEIGHT 19.0 kg
-----------------------	-----------------------	-----------------------

BODY FAT 24.0 kg	BODY FAT 12.7 kg	BODY FAT 11.3 kg
-------------------------	-------------------------	-------------------------

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

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BEFORE



AFTER



Lee Kam Poh

47 years old

Before I was introduced to ageLOC® TR90®, I was obese with a bodyweight of nearly 100kg and a big belly! The ageLOC® TR90® program has completely changed my life where I have lost 21kg in total with a healthier looking body, more energetic and looking younger than ever before! Most importantly, I feel much more confident about myself now! Thanks ageLOC® TR90® for making me a better person!

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TRANSFORM
YOUR LIFE IN
90 DAYS

DAY 1	DAY 90	DIFFERENCE
-------	--------	------------

WEIGHT 98.1 kg	WEIGHT 77.2 kg	WEIGHT 20.9 kg
-----------------------	-----------------------	-----------------------

BODY FAT 30.1 kg	BODY FAT 16.9 kg	BODY FAT 13.2 kg
-------------------------	-------------------------	-------------------------

Note: The sharing is based on the personal experience of the interviewee. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Yu Wen

28 years old

Since I started working, my bodyweight continue to grow day by day. I was called Tyre because of my shape. This has made me lost all my self-confidence for a very long time. I was camera-shy too because of my weight. Thanks to ageLOC® TR90® for transforming my life! My transformation number is 20 as I have lost over 20kg in few months' time. Now I have a healthier looking body and closer to achieving my dream of becoming a beautiful model!



BEFORE



AFTER

DAY 1	DAY 90	DIFFERENCE
WEIGHT 90.0 kg	WEIGHT 72.4 kg	WEIGHT 17.6 kg
BODY FAT 22.2 kg	BODY FAT 11.8 kg	BODY FAT 10.4 kg

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

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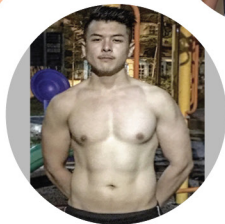


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BEFORE



AFTER



David Kee

27 years old

Before ageLOC® TR90®, I was doing bodybuilding but I could never achieve my desired shape even after 3 years of hard work and over time, my body increased in bulk, but I was never able to reduce fats or achieve a leaner physique. I started feeling insecure about my body and health, even embarrassed to take off my shirt while swimming. After ageLOC® TR90®, I no longer put myself under stress for having complicated diet plans or spending long hours at the gym, as ageLOC® TR90® is the simplest program to follow. It is totally a life transforming journey in 90 days!

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TRANSFORM
YOUR LIFE IN
90 DAYS

DAY 1	DAY 90	DIFFERENCE
-------	--------	------------

WEIGHT 80.0 kg	WEIGHT 65.0 kg	WEIGHT 15.0 kg
-----------------------	-----------------------	-----------------------

BODY FAT 19.5 kg	BODY FAT 9.0 kg	BODY FAT 10.6 kg
-------------------------	------------------------	-------------------------

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Shakliah Mohd Salleh

33 years old

I was born being obese and growing up feeling least confident and attractive while I was studying at the university. My weight got even worse when I started working and that's when I felt I need a change. I'm truly grateful for ageLOC® TR90® for giving me a chance to have a healthier looking body. I love shopping now and all my friends compliment me. This is the happiest moment of my life and I'm enjoying every moment of it.



BEFORE



AFTER

DAY 1	DAY 90	DIFFERENCE
WEIGHT 85.0 kg	WEIGHT 77.0 kg	WEIGHT 8.0 kg
BODY FAT 35.7 kg	BODY FAT 23.1 kg	BODY FAT 12.6 kg

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

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BEFORE



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Will Teoh

32 years old

My transformation number is 29. From a size of 34 to 29, body age from 47 to 29 years old and I can now happily taking “selfie” for 29 times a day! ageLOC® TR90® made me look good and younger inside-out. I found a brand new me.

DAY 1	DAY 90	DIFFERENCE
-------	--------	------------

WEIGHT 86.2 kg	WEIGHT 26.5 kg	WEIGHT 18.7 kg
-----------------------	-----------------------	-----------------------

BODY FAT 26.5 kg	BODY FAT 17.2 kg	BODY FAT 9.3 kg
-------------------------	-------------------------	------------------------

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Henry Goh

38 years old

I've been obese for more than a decade. I've tried numerous slimming products, but none of them were successful, until I met ageLOC® TR90® in year 2015.

ageLOC® TR90® has transformed me to a younger looking me. After 90 days, I've dropped from size XL to M. The new appearance brings me more confidence. ageLOC® TR90® is a gift for me to discover the best of me.

DAY 1	DAY 90	DIFFERENCE
-------	--------	------------

WEIGHT 89.6 kg	WEIGHT 72.6 kg	WEIGHT 17.0 kg
-----------------------	-----------------------	-----------------------

BODY FAT 26.7 kg	BODY FAT 15.8 kg	BODY FAT 10.9 kg
-------------------------	-------------------------	-------------------------

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.



BEFORE



AFTER

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BEFORE



AFTER



Hwee Yew Looi

27 years old

I work as a tutor and due to stress from work and being a food addict, my body size became bigger and it affects my health. Before I got to know ageLOC® TR90®, I have tried a lot of weight lost methods, however, I can never control myself from eating. Fortunately, my friend has recommended me ageLOC® TR90® and she always shows her support to me. After ageLOC® TR90®, I became more confident and I'm able to wear size S and I've lost 16kg. Thanks to Nu Skin for giving me a chance to share my happiness.

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90 DAYS



DAY 1	DAY 90	DIFFERENCE
WEIGHT 74.3 kg	WEIGHT 58.6 kg	WEIGHT 15.7 kg
BODY FAT 24.3 kg	BODY FAT 14.6 kg	BODY FAT 9.7 kg

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Jackson Tung

33 years old

I enjoyed my journey with ageLOC® TR90® throughout the 90 days. Furthermore, the eating plan is simple and I could eat a wide variety of food with the right cooking methods. It is amazing that it only took me 90 days to lose weight from 96kg to 73kg.



BEFORE



AFTER

DAY 1	DAY 90	DIFFERENCE
WEIGHT 98.0 kg	WEIGHT 73.0 kg	WEIGHT 25.0 kg
BODY FAT 31.4 kg	BODY FAT 13.9 kg	BODY FAT 17.5 kg

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

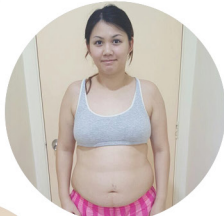
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BEFORE



AFTER



Joelle Chang Wei Wein

34 years old

Due to pregnancy, my body shape has changed dramatically until I could hardly accept it. I tried various methods to slim down, but none of them helped. Finally, I was introduced to ageLOC® TR90® and I managed to transform my body and achieved my desired body shape.

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TRANSFORM
YOUR LIFE IN
90 DAYS

DAY 1

DAY 90

DIFFERENCE

WEIGHT **68.4 kg** WEIGHT **50.9 kg** WEIGHT **17.5 kg**

BODY FAT **22.3 kg** BODY FAT **10.73 kg** BODY FAT **11.57 kg**

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.



Ng Yong Ming
31 years old

In the past, I was being categorized as a chubby guy. I knew that I need to make a change and with ageLOC® TR90® System, I have finally trasformed. Now, I'm a person with lean muscles! Thank you Nu Skin for leading me towards a healthy lifestyle and a better me.



BEFORE



AFTER

DAY 1	DAY 90	DIFFERENCE
WEIGHT 93.2 kg	WEIGHT 68.3 kg	WEIGHT 24.9 kg
BODY FAT 23.5 kg	BODY FAT 6.55 kg	BODY FAT 16.95 kg

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

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BEFORE



AFTER



Lee Bian Xin

31 years old

I was born chubby and fat. I gained weight every year due to overeating and I've tried many diet programs. It always started off good but once I've stopped, I gained back not only the amount of weight I have lost previously but more. I'm grateful that I was introduced to ageLOC® TR90® System. Through this program, I have learned about the 3-3-3-3 simple eating plan. I started to exercise and love the feeling after each workout. Look at me now! I've gained a lean body, and I feel more confident. Thanks to ageLOC® TR90® and Nu Skin!

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TRANSFORM
YOUR LIFE IN
90 DAYS

DAY 1 DAY 90 DIFFERENCE

WEIGHT **74.0 kg** WEIGHT **41.0 kg** WEIGHT **33.0 kg**

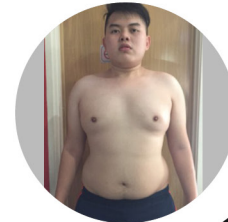
BODY FAT **23.7 kg** BODY FAT **7.9 kg** BODY FAT **15.8 kg**

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

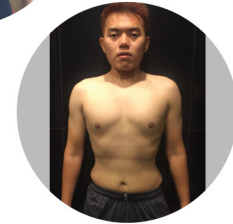
Han Suan Ting

30 years old

Before I was introduced to Nu Skin, I was unsatisfied with my appearance. I feel insecure about myself and lack of self-confidence. After being introduced to ageLOC® TR90®, I have successfully lost weight and gained back my health! I am always full of confidence, at the same time, able to do more activities. Thank you, Nu Skin and ageLOC® TR90® for changing my life!



BEFORE



AFTER

DAY 1	DAY 90	DIFFERENCE
WEIGHT 93.2 kg	WEIGHT 68.6 kg	WEIGHT 24.6 kg
BODY FAT 32.99 kg	BODY FAT 14.47 kg	BODY FAT 18.52 kg

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

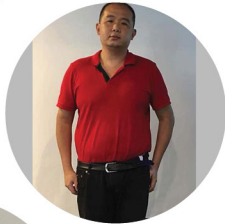
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TRANSFORM
YOUR LIFE IN
90 DAYS

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BEFORE



AFTER



Cheong Thin Hang

38 years old

I'm very impatient. I always wanted to have a good figure to impress others and make myself happy, but my goals were never achieved as I did not take any action. Finally, I've made up my mind to transform myself with ageLOC® TR90® System. After the 90-days program, my body has transformed. Now I'm guided towards a healthier life and feel energetic. Thank You, Nu Skin.

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TRANSFORM
YOUR LIFE IN
90 DAYS

DAY 1	DAY 90	DIFFERENCE
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WEIGHT 108.6 kg	WEIGHT 81.8 kg	WEIGHT 26.8 kg
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BODY FAT 37.8 kg	BODY FAT 20.6 kg	BODY FAT 17.2 kg
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Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Ching Sy Cherng

31 years old

I started gaining weight 3 years ago. Being an overweight with a huge tummy, I realized I wasn't able to perform many physical activities. I tried exercising, however, without the proper knowledge and method, I ended up gaining more weight instead. I'm grateful to know about ageLOC® TR90®. It has allowed me to embark on a simple and balanced eating plan. Combined with regular exercise during the program, ageLOC® TR90® has helped me to increase healthy metabolism and support maintenance of lean muscle. Thank you, Nu Skin!



BEFORE



AFTER

DAY 1	DAY 90	DIFFERENCE
-------	--------	------------

WEIGHT 91.4 kg	WEIGHT 63.7 kg	WEIGHT 27.7 kg
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BODY FAT 26.14 kg	BODY FAT 8.34 kg	BODY FAT 17.8 kg
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Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

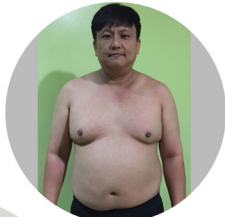
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TRANSFORM
YOUR LIFE IN
90 DAYS

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BEFORE



AFTER



Teow Poh Peng

38 years old

After consuming ageLOC® TR90®, it has guided me towards a healthier life. Squatting is no longer an issue for me and I can now do my favorite outdoor activity. I'm glad that ageLOC® TR90® has transformed my life from the inside-out. Thank you, Nu Skin for such a great product.

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TRANSFORM
YOUR LIFE IN
90 DAYS

DAY 1	DAY 90	DIFFERENCE
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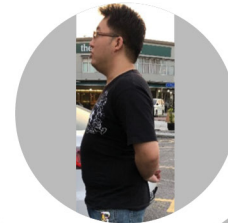
WEIGHT 98.0 kg	WEIGHT 73.0 kg	WEIGHT 25.0 kg
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BODY FAT 31.4 kg	BODY FAT 13.9 kg	BODY FAT 17.5 kg
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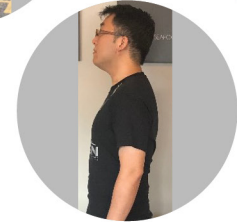
Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Aaron Long
33 years old

For almost all my life, I have battled my obesity every day. I've tried multiple ways to lose weight, but nothing works. Until recently, with just a set of ageLOC® TR90® System, I was able to lose 20kg at last. I can now fit myself into the cloth size that I have never thought possible before. And this has boosted my confidence level. Thank you, Nu Skin!



BEFORE



AFTER

DAY 1 **DAY 90** **DIFFERENCE**

WEIGHT **94.3 kg** WEIGHT **75.8 kg** WEIGHT **18.5 kg**

BODY FAT **27.72 kg** BODY FAT **14.71 kg** BODY FAT **13.01 kg**

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

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BEFORE



AFTER



Chan Yee Hieon

32 years old

Before taking ageLOC® TR90®, I have had high body fat percentage. I've been through the journey of training myself at the gym and eating lesser and healthier. Despite my efforts to stay in shape, I still fail to lose weight. After a few months of considerations, I've decided to kick-start my ageLOC® TR90® journey in May 2019. After the first month of trying, I feel healthier inside and out, simply by following the 3-3-3 eating plan. Until the second and third month, I realized that both my body fat and weight have dropped significantly. During the journey, I continue to do my workout and exercise. And I feel that my body size is getting smaller. I am impressed with the result especially when I knew that my weight and body fat reduced 20kg and 10kg respectively.

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TRANSFORM
YOUR LIFE IN
90 DAYS



DAY 1	DAY 90	DIFFERENCE
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WEIGHT	90.0 kg	WEIGHT	74.4 kg	WEIGHT	15.6 kg
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BODY FAT	24.54 kg	BODY FAT	14.58 kg	BODY FAT	9.96 kg
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Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Leong Wen Ze

31 years old

I used to have a poor diet and not getting enough physical activity since I was a kid.

Besides, I often crave for junk food and carbonated drinks. As a result, in my early 20s, I was diagnosed with diabetes. I then started to eat clean, but I failed to obtain the results that I wanted. I am grateful to be introduced to the ageLOC® TR90® system. With a simple eating plan, combine with regular exercises I now look and feel much healthier. Thank you, Nu Skin!



BEFORE



AFTER

DAY 1	DAY 90	DIFFERENCE
-------	--------	------------

WEIGHT 89.2 kg	WEIGHT 65.9 kg	WEIGHT 23.3 kg
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BODY FAT 25.87 kg	BODY FAT 7.25 kg	BODY FAT 18.62 kg
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Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

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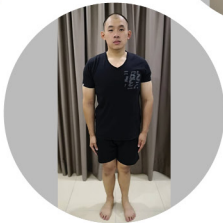


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90 DAYS

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BEFORE



AFTER



Ng Loon Chek

33 years old

Thanks to ageLOC® TR90® System! It has helped to transform me to a healthier person. With a body weight of 130kg and constantly increasing, I am unhappy with my life. Since I've started my ageLOC® TR90® journey, I have lost a total of 44kg, from 124kg to 80kg. Thank you, ageLOC® TR90® for helping me to gain back my confidence and health. My efforts and perseverance finally paid off. Thank you, Nu Skin.

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TRANSFORM
YOUR LIFE IN
90 DAYS

DAY 1	DAY 90	DIFFERENCE
WEIGHT 123.8 kg	WEIGHT 89.7kg	WEIGHT 34.1 kg
BODY FAT 44.57 kg	BODY FAT 19.29 kg	BODY FAT 25.28 kg

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Siew Sze Lyn

30 years old

I used to be a state netball and softball player back in high school days and I was never a chubby person. When I started my working life, I have started gaining a lot of weight due to stress and irregular eating habit. I have tried going to the gym, swimming, badminton and even went on a no-sugar diet, but my weight just didn't come down, in fact, I hit the highest weight this year at 92.7kg. I have very low confidence level because of my size. Thanks to my friend who persistently talked to me about the benefits of ageLOC® TR90®, I have lost 28kg and 25cm waist circumference, and I managed to discover the better version of myself! Thank you, ageLOC® TR90®, for transforming my life!

DAY 1 DAY 90 DIFFERENCE

WEIGHT **92.7 kg** WEIGHT **64.8 kg** WEIGHT **27.9 kg**

BODY FAT **38.01 kg** BODY FAT **18.86 kg** BODY FAT **19.15 kg**

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.



BEFORE



AFTER

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90 DAYS

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BEFORE



AFTER



Caren Wong Lay Iann

39 years old

I was introduced to the ageLOC® TR90® System through my best friend. After attending the ageLOC® TR90® trainings, I was so impressed with all the successful improvement and stories that I have witnessed. I told myself that I wanted to transform myself too and share my story 3 months later. I've set it as my resolution for 2019. Thereafter, I'm truly impressed with my personal transformation and happy to share this experience with everyone. I'm sharing my story here because I believe everyone deserves a great life.

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TRANSFORM
YOUR LIFE IN
90 DAYS



DAY 1	DAY 90	DIFFERENCE
WEIGHT 70.4 kg	WEIGHT 58.1 kg	WEIGHT 12.3 kg
BODY FAT 23.01 kg	BODY FAT 15.45 kg	BODY FAT 7.56 kg

Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Ngo Like Young

35 years old

I started gaining weight after having my first child. I had tried many ways to lose weight but all my efforts have gone to waste as I was blessed with my second baby during my weight loss journey. My bodyweight increased when I was pregnant. People around me was telling me that my size is getting bigger and that was really depressing. I realized that there is no way for me to shed off those fat without a proper guidance.

Though I've heard about Nu Skin many years ago, but I am being skeptical about the brand and its products.

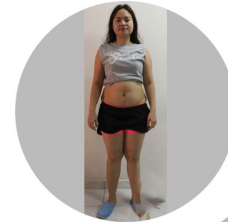
My instructor's encouragement and persistence has finally changed my mind. I've finally decided to take on my first ageLOC® TR90® System, and the result is unbelievable. Thank you, Nu Skin.

DAY 1	DAY 90	DIFFERENCE
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WEIGHT 70.3 kg	WEIGHT 53.1 kg	WEIGHT 17.2 kg
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BODY FAT 24.82 kg	BODY FAT 12.05 kg	BODY FAT 12.77 kg
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Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.



BEFORE



AFTER

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BEFORE



AFTER



Lee Thiam Yew

36 years old

To the shock of my life, I found myself overweight in January 2019 and reached 93kg. It was the heaviest weight in my entire life. After knowing my situation, my friend introduced the ageLOC® TR90® System to me. With ageLOC® TR90® system, I was able to lose weight in just 90 days. The results were amazing! Thank you, Nu Skin.

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TRANSFORM
YOUR LIFE IN
90 DAYS



DAY 1	DAY 90	DIFFERENCE
-------	--------	------------

WEIGHT	90.4 kg	WEIGHT	75.8 kg	WEIGHT	14.6 kg
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BODY FAT	26.94 kg	BODY FAT	16.68 kg	BODY FAT	10.26 kg
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Note: The sharing is based on the personal experience of the interviewee. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.

Yek Kok Yong

34 years old

After being in the workforce for some time, I've started gaining weight. Friends around me started teasing me and worst of all, some of them couldn't even recognize me! Therefore, I've decided to give ageLOC® TR90® System a try! After 90 days, the result was remarkable as I found that I was in the best shape of my life. I felt so much younger, healthier and more vibrant now! My pant size dropped from 36 to 32! Since I've started my ageLOC® TR90® journey, I've lost more than 15kg! And the best thing is, I have received many compliments from the people around me. I would like to thank Nu Skin for this amazing product and my consultant for introducing this to me!

DAY 1	DAY 90	DIFFERENCE
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WEIGHT 97.5 kg	WEIGHT 82.2 kg	WEIGHT 15.3 kg
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BODY FAT 30.32 kg	BODY FAT 20.14 kg	BODY FAT 10.18 kg
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Note: The sharing is based on the personal experience of the interviewer. It does not represent the opinion of the company. Product effectiveness may vary between individuals, and its dependent on the factors such as age, race and skin conditions.



BEFORE



AFTER

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90 DAYS

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BEFORE



AFTER



Muhamad Muzzamil Bin Sahjamil

30 years old

I'm an active person in my 30s who loves working out and running. Despite that, I've started gaining weight as my age is catching up. I used to spend hours at the gym after work, tried different types of healthy diets, and spent thousands on fat burning supplements, but all my efforts have gone to waste. One day, I dislocated my right kneecap while running and fell flat on the ground. Thereafter, I've stopped running for a year and went for multiple physiotherapy sessions. It turns out that my kneecap would slip easily. And I was told that, I have no choice but to lose weight if I wish to return to running! Taking the ageLOC® TR90® System was my best decision ever! If you are currently on the program, I wish you all the best! If you have completed and benefited from the program like we all did, congratulations as you have made a wise decision! Thank you.

DAY 1	DAY 90	DIFFERENCE
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WEIGHT 87.7 kg	WEIGHT 69.4 kg	WEIGHT 18.3 kg
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BODY FAT 28.06 kg	BODY FAT 10.69 kg	BODY FAT 17.37 kg
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